



FOR IMMEDIATE RELEASE

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Red Cross and Staab Funeral Home Present 5th Annual Save-A-Life Saturday

Springfield, IL: The Illinois Capital Area Chapter of the American Red Cross and Staab Funeral Home will present the 5th annual “Save-A-Life Saturday” event on March 4, 2006. The event will take place from 9 am-1 pm at the President Abraham Lincoln Hotel and Conference Center, located at 701 E. Adams in Springfield.

Certified CPR instructors from the American Red Cross will facilitate training in adult Cardiopulmonary Resuscitation (CPR). This is a CERTIFICATION class and will meet the requirements for adult CPR training. All participants will be expected to attend the entire course and fully participate in all class exercises in order to receive certification. The cost is \$5 per person.

“Red Cross Health & Safety classes like this are about keeping families in our community safe,” said Chris Shanahan, Community Health and Safety Director for the Illinois Capital Area Chapter. “Our goal is to ensure that at least one member of every household in Central Illinois is trained in life-saving skills. We’re encouraging community members to take advantage of this opportunity to help us reach this goal.”

For more than a century, the American Red Cross has been saving lives with health and safety education programs. The Illinois Capital Area Chapter of the American Red Cross offers a variety of Health and Safety services and training including, First Aid, CPR, Lifeguard Training, AED (Automated External Defibrillation), and Babysitters Training. The Red Cross constantly strives to respond to the health and safety concerns of Americans at home, in school and in the workplace; helping people live safer and healthier lives.

To register for Save-A-Life Saturday or for more information, please call (217) 522-3357 or toll free at 1-888-343-5766.

All American Red Cross disaster assistance is free, made possible by voluntary donations of time and money from the American people. To help the Red Cross continue to save lives, contributions can be made to the American Red Cross by calling 522-3357. Contributions may also be sent to the Illinois Capital Area Chapter at P.O. Box 1058, 1025 South Sixth Street, Springfield, IL 62705-1058.

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