



**FOR IMMEDIATE RELEASE**

Contact: Jenny Antonacci  
Office: (217) 787-7602 x232

June 27, 2006

## **Red Cross Offers First Aid and CPR Training in Logan County**

The American Red Cross, Illinois Capital Area Chapter is announcing First Aid and Adult CPR/AED training classes to be held in Lincoln in July. The classes are open to all individuals meeting minimum requirements for participation. Contact the American Red Cross to register. Registration and payment required in advance of the class.

**Adult CPR/AED Training \$28** – This 4-hour course teaches the skills and knowledge needed to recognize and care for breathing and cardiac emergencies in adults. The training also includes proper use of an automated external defibrillator (AED).

*Date:* Saturday, July 8, 2006

*Time:* 9:00am - 1:00pm

*Location:* Lincoln Recreation Center

**First Aid Training \$28** – This 2 ½-hour course teaches the skills and knowledge needed to recognize and care for cuts, scrapes, bruises, burns, bleeding, sprains and strains; treat sudden illnesses, including poisonings and heat/cold related emergencies.

*Date:* Saturday, July 8, 2006

*Time:* 1:30pm-4:30pm

*Location:* Lincoln Recreation Center

**Registration:** Call the American Red Cross, 217-787-7602 or 1-888-343-5766

**Cost:** \$28 for one class or \$39 for the two classes

**Other Training Courses** – There are many more training opportunities available. Please contact the American Red Cross to request a copy of the Course Activity Guide and Brochure or at [www.il-redcross.org](http://www.il-redcross.org).

###