

PREPAREDNESS TIPS

Prepare at your HOME



In the midst of rushing through everyday life, it's important to take a minute or two to prepare for emergencies. Being prepared helps you and your family minimize the impact of a disaster such as a hurricane or an emergency such as a broken leg.

The best way to make your family and your home safer is to be prepared **before** disaster strikes.

Make a Plan

- 1 Make a family communications plan that includes an evacuation plan and coordinates with your school, work and community communication plans. Practice this plan with your entire family.
- 2 Build a disaster supplies kit that includes enough supplies for each family member for three days. Remember to check your kit every six months.

Prepare at WORK



Whether you are a business owner, a manager or an employee, make sure you know what to do in the case of an emergency.

If you commute to work, make sure you know alternative routes and carry appropriate supplies such as a disaster supplies kit in your car and a compact kit on public transportation.

Prepare at SCHOOL



If you're a teacher, a parent or a student, make sure you know what to do if an emergency occurs at or on the way to school.

It's important to keep a first aid kit on site and be trained in CPR.

Prepare in your COMMUNITY



Working with neighbors can save lives and property. Meet with your neighbors to plan how the neighborhood could plan for a disaster. If you're a member of a neighborhood organiza-

tion, such as a home association or crime watch group, introduce disaster preparedness as a new activity. Know your neighbors' special skills (e.g., medical, technical) and consider how you could help neighbors who have special needs, such as disabled and elderly persons.